

Figure 1

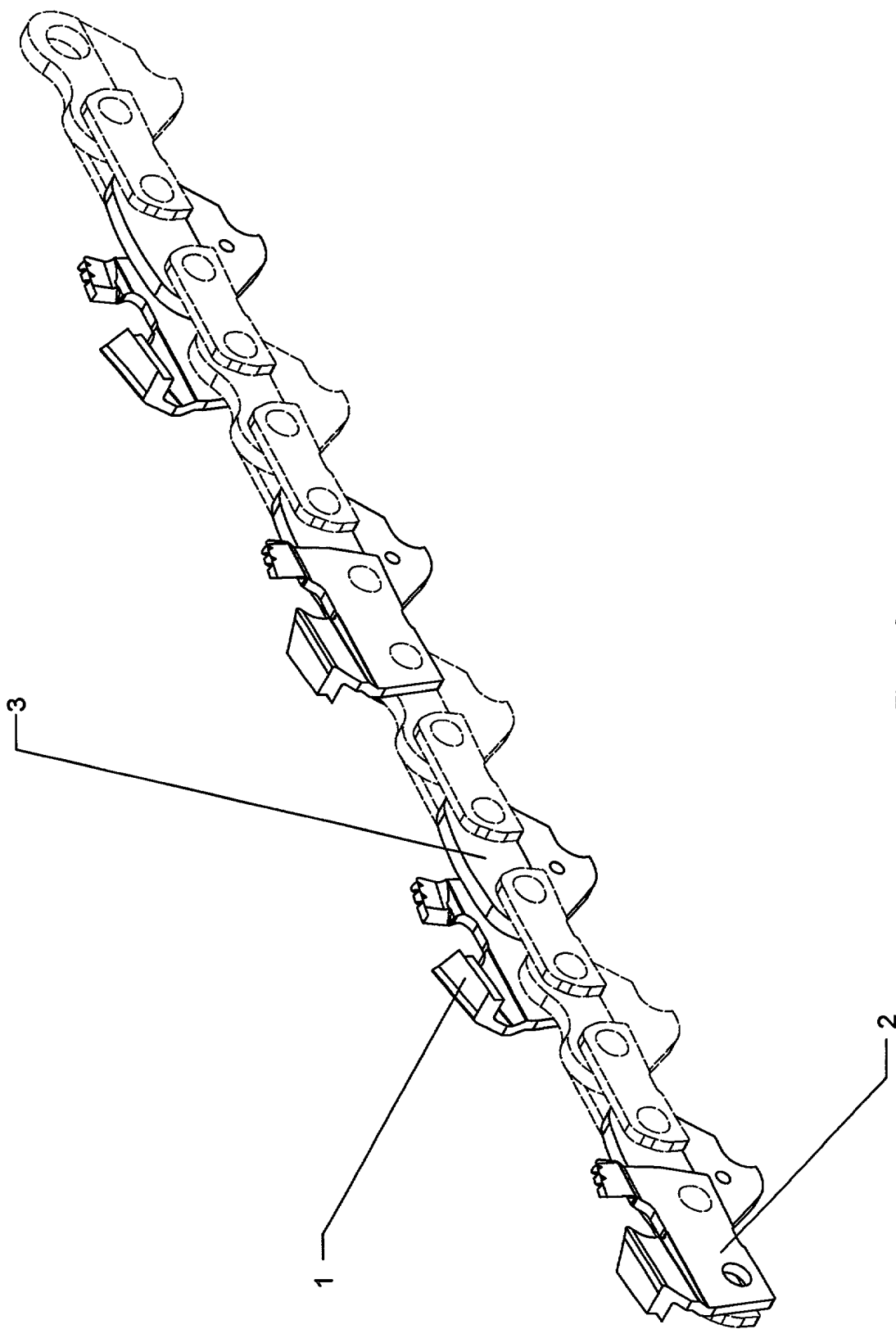


Figure 2

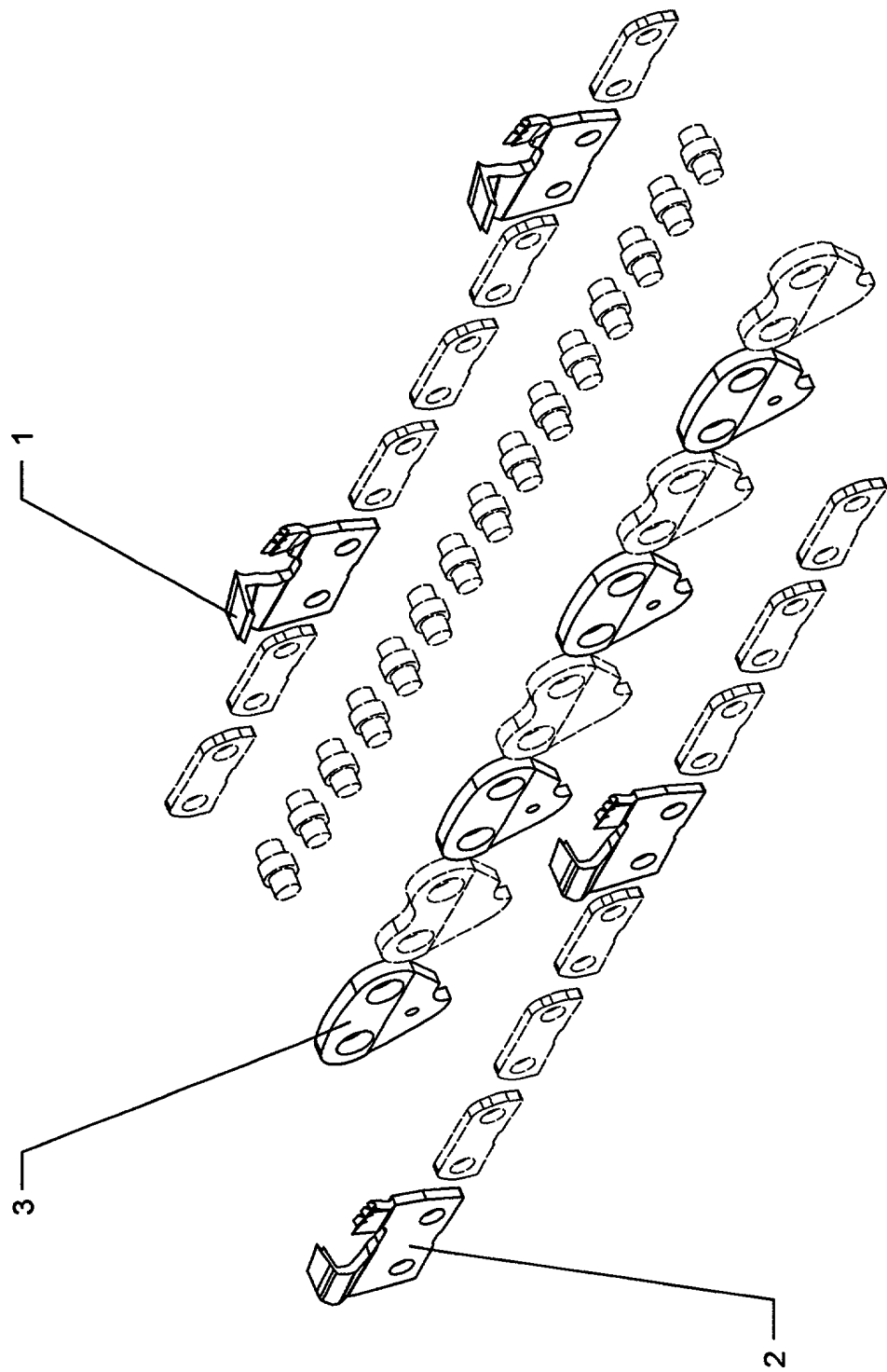


Figure 3

Variable	Mean	SD	Min	Max
Age	35.2	10.5	20	65
Gender	Male	1.0	0	1
Marital status	Married	1.0	0	1
Education	High school	1.0	0	1
Occupation	Manager	1.0	0	1
Income	Low	1.0	0	1
Health status	Good	1.0	0	1
Smoking status	Smoker	1.0	0	1
Alcohol consumption	Drinker	1.0	0	1
Exercise frequency	Regular	1.0	0	1
Stress level	Low	1.0	0	1
Sleep quality	Good	1.0	0	1
Dietary habits	Healthy	1.0	0	1
Family size	Small	1.0	0	1
Work-life balance	Good	1.0	0	1
Life satisfaction	High	1.0	0	1
Resilience	High	1.0	0	1
Emotional stability	High	1.0	0	1
Self-esteem	High	1.0	0	1
Optimism	High	1.0	0	1
Gratitude	High	1.0	0	1
Forgiveness	High	1.0	0	1
Empathy	High	1.0	0	1
Compassion	High	1.0	0	1
Kindness	High	1.0	0	1
Generosity	High	1.0	0	1
Patience	High	1.0	0	1
Perseverance	High	1.0	0	1
Courage	High	1.0	0	1
Confidence	High	1.0	0	1
Humility	High	1.0	0	1
Modesty	High	1.0	0	1
Shyness	High	1.0	0	1
Introversion	High	1.0	0	1
Extroversion	High	1.0	0	1
Sensitiveness	High	1.0	0	1
Emotional sensitivity	High	1.0	0	1
Empathy	High	1.0	0	1
Compassion	High	1.0	0	1
Kindness	High	1.0	0	1
Generosity	High	1.0	0	1
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Generosity	High	1.0	0	1
Patience	High	1.0	0	1
Perseverance	High	1.0	0	1
Courage	High	1.0	0	

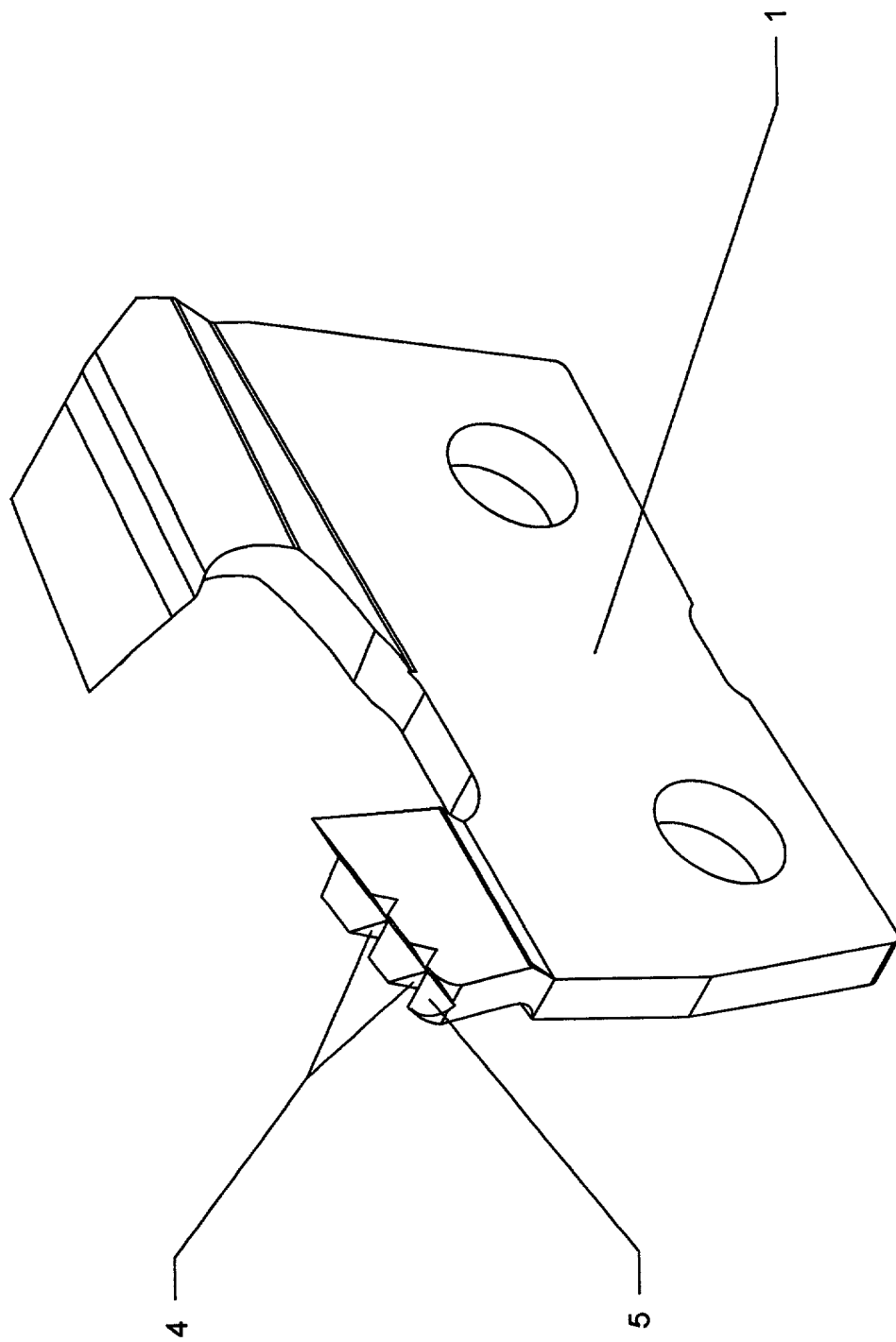


Figure 4

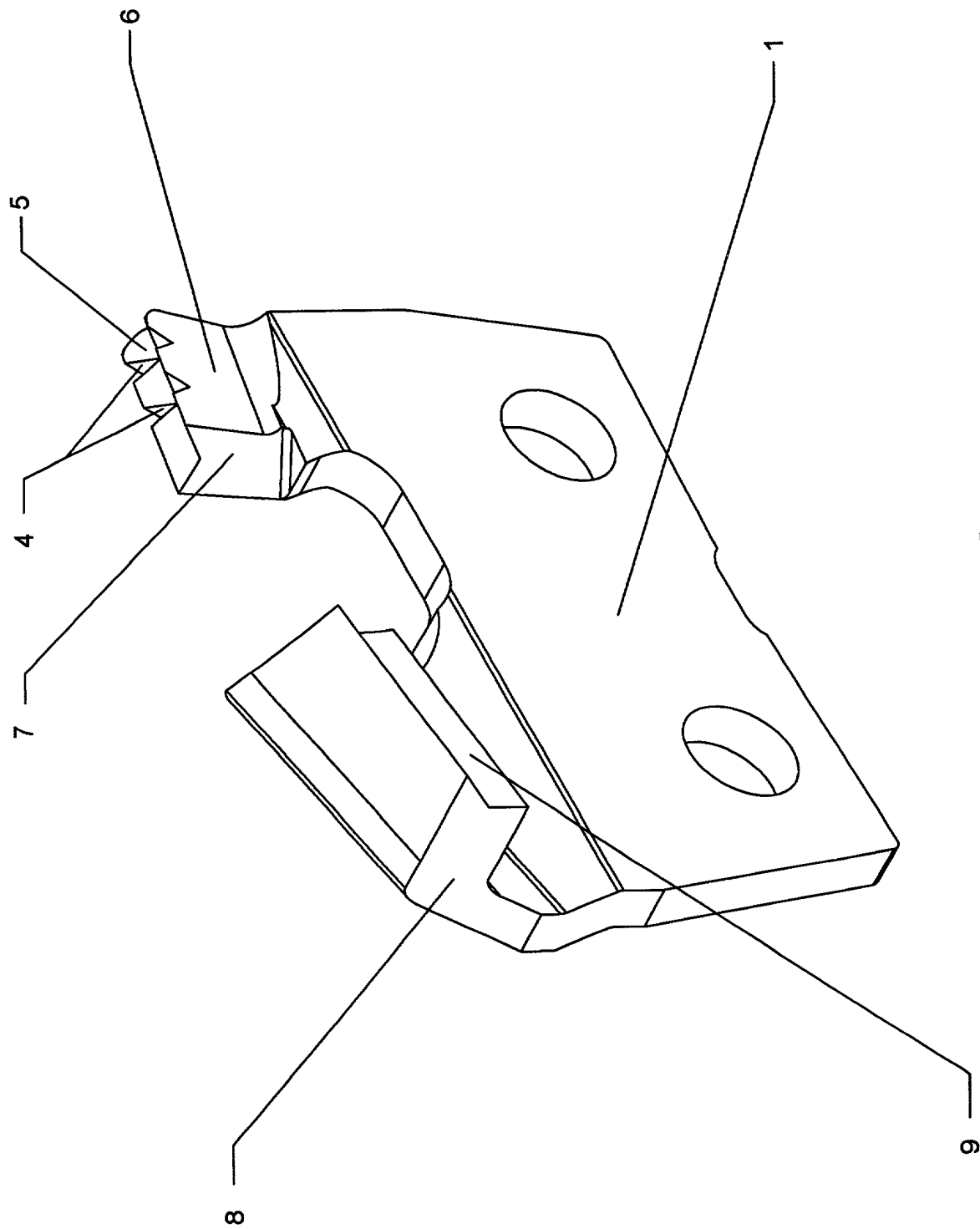


Figure 5

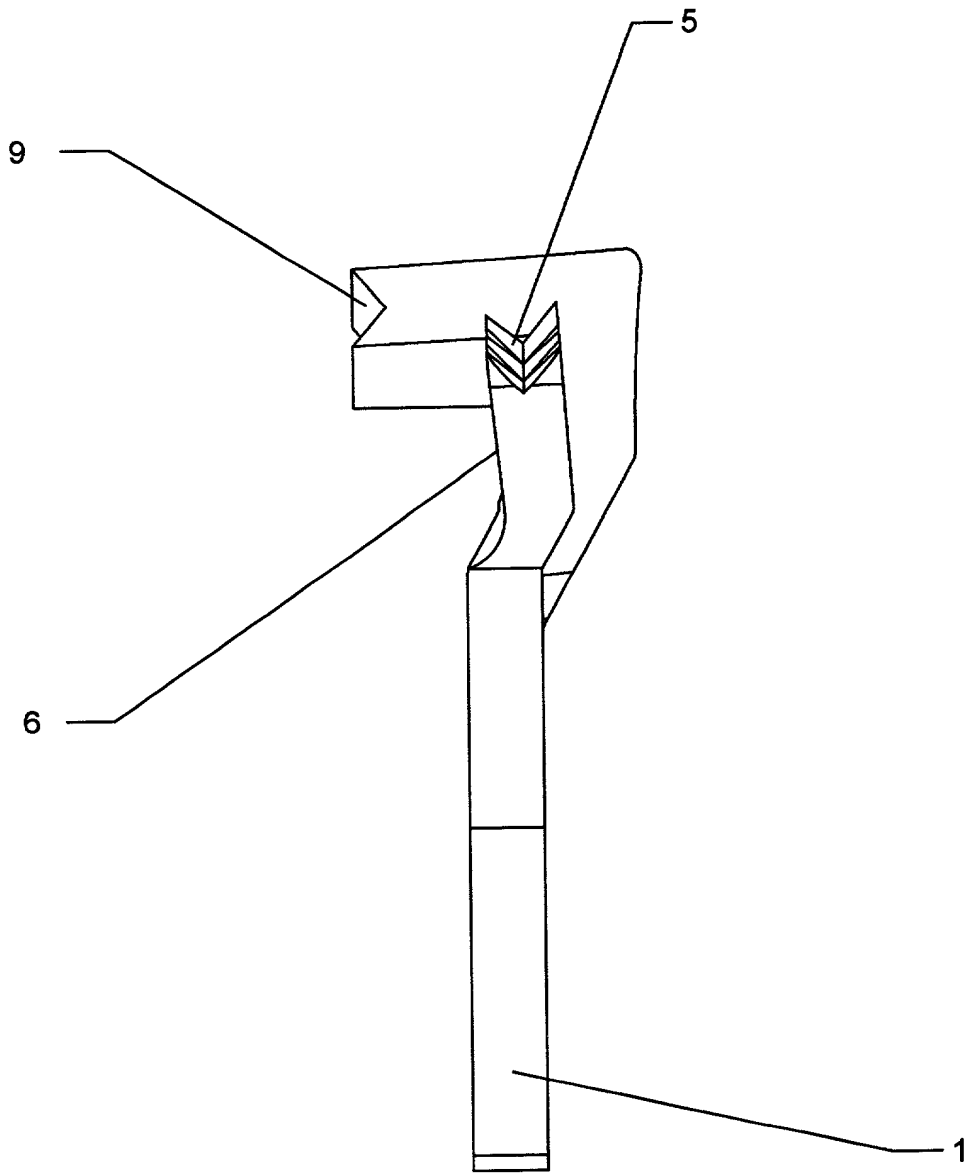


Figure 6

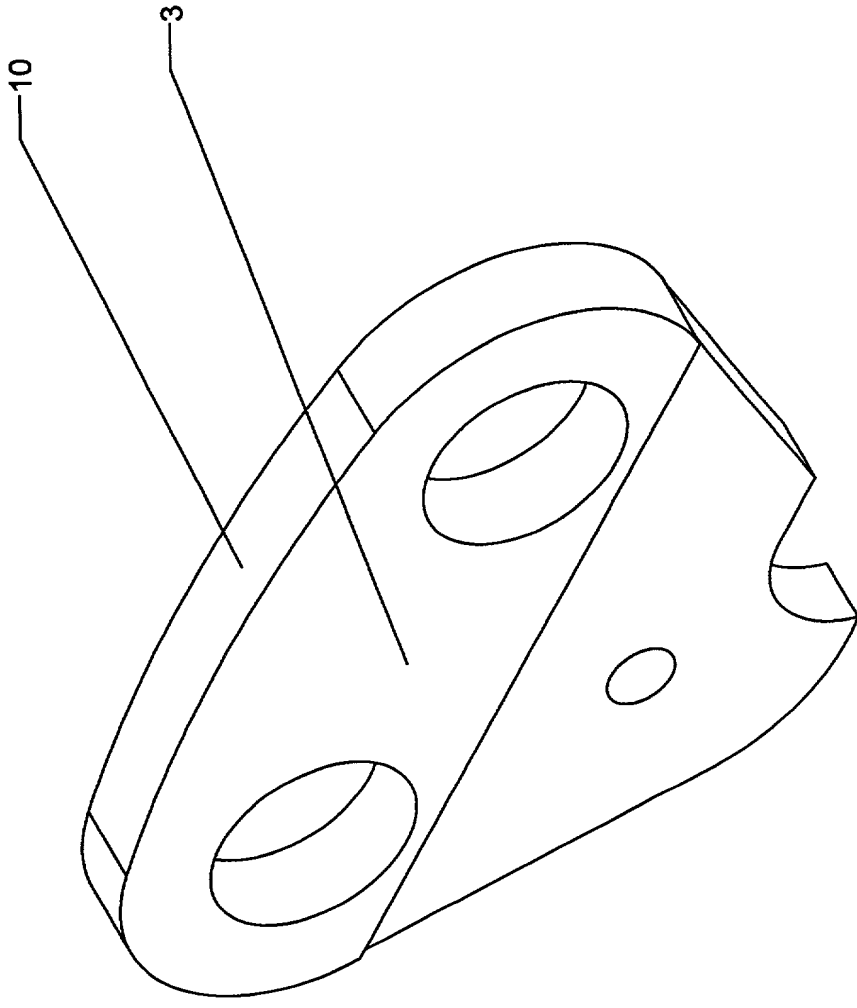


Figure 7